



**NORDIC KARATE CHAMPIONSHIPS FOR
SENIOR, JUNIORS, CADETS
16-17TH APRIL 2011 TAMPERE, FINLAND
BULLETIN**





The Finnish Karate Federation welcomes you to the 2011 Nordic Championships in Tampere, Finland

REGISTRATION:

All registrations must be submitted by

Monday 4TH APRIL to Finnish Karate Federation by e-mail info@karateliitto.fi, the registration form can be downloaded from www.karateliitto.fi as of 1 Feb 2011

JUDGES AND REFEREES

All qualified Judges and Referees are welcome.

Please send the referee registration by 1 April 2011 at the latest

REGISTRATION FEES

Registration fees are 30€ per competitor and 50€ per team.

The participation fee is to be paid in cash in connection with the registration at the HQ hotel or at the venue.

ACCOMMODATION:

HQ HOTEL ILVES ***, TAMPERE**

Special room rates:

Single room 95 €/ person / night

Double room 52,50 €/ person / night

Breakfast and local taxes included.

**ALL RESERVATIONS ARE TO BE MADE
DIRECTLY TO THE HOTEL:**

REF.CODE: PM-2011

tel. +358 20 1234 631

Fax. +358 3 5698 6263

E-mail. ilves.tampere@sokoshotels.fi

RESERVATION DEADLINE 25 March 2011



SOKOS  HOTELS

Transport

Transport Helsinki-Tampere-Helsinki 30 €/ person.

Transport airport Tampere-HQ-hotel-Tampere airport 10 €/ person.

The cost of transport must be paid (in cash) in the bus.



DISCIPLINES:

KATA

Female and Male

Junior + Cadet

Kata female team (3 competitors)

Kata male team (3 competitors)

TEAM

Kumite female team (3+1 competitors)

Kumite male team (5+2 competitors)

KUMITE

Team: Female and Male

Female: -50kg, -55kg, -61kg, -68kg, +68kg

Male: -60kg, -67kg, -75kg, -84kg, +84kg,

Junior Female: -48kg, -53kg, -59kg, +59kg

Junior Male: -55kg, -61kg, -68kg, -76kg, +76kg

Cadet Female: -47kg, -54kg, +54kg

Cadet Male: -52kg, -57kg, - 63kg, -70kg, +70kg

The competition organizer reserves the right to change the categories!

RULES, PROTECTION AND INSURANCE:

Rules: WKF rules

Protection: WKF & EKF rules

Insurance: All competitors must have a valid personal insurance licence.

For more information, please visit

www.karateliitto.fi

www.tampere.fi

www.visitfinland.com

FINNISH KARATE FEDERATION

Radiokatu 20

FIN-00240 HELSINKI

Tel +358-0104208500

Email info@karateliitto.fi





COMPETITION PROGRAMME:

FRIDAY 15th APRIL

- 19-22:00 **Registration and weigh-in at HQ-hotel Ilves**
18-19:00 Coach meeting (HQ-hotel Ilves)
19-20:00 Referee briefing (HQ-hotel Ilves)
20-21:00 Executive committee meeting (HQ-hotel Ilves)

SATURDAY 16th APRIL

- 08:00 **Registration and weigh-in**
09:00 Eliminations and repechages:
Kata Female and Male
Kata Team Female and Male
Kumite Team Female and Male
Kumite Female -50kg, -55kg, -61kg, -68kg, +68kg
Kumite Male -60kg, -67kg, -75kg, -84kg, +84kg
Kumite Junior Female -48kg, -53kg, -59kg, +59kg
Kumite Junior Male -55kg, -61kg, -68kg, -76kg, +76kg

Finals and victory ceremony

SUNDAY 17th APRIL

- 08:00 **Registration and weigh-in**
09:00 Eliminations and repechages:
Kata Junior and Cadet, Female and Male
Cadet Female -47kg, -54kg, +54kg
Kumite Cadet Male -52kg, -57kg, -63kg, -70kg, +70kg

Finals and victory ceremony

VENUE:

PYYNIKIN PALLOILUHALLI, TAMPERE

